

Passings:

Soccer is a team sport. Does not matter what age or the skill set of children. How do young players to start to play as a team? Passing. Getting players to pass the ball starts to build a team.

Below are some tips on passing.

Have two players pass the ball to each other. Stay close together and then slowly expand the distance between the players. Arrange the players as “A” pass back and forth to “B” on one side of the field. On the opposite side of the field have players “C” pass back and forth to “D”. Variations: passing with only the right foot or left foot.

Next, double up the players (4 players) and pass down a long line from “A” to “B” to “C” to “D”. (Notice the quick transition, a great time saver.) Show the players how quickly the ball can go down field passing vs dribbling. If you have two set of lines, then have them compete against each other.

Variations – there are dozens. Have each player do two dribbles and then pass (This is the 3 touch rule.) Have the last player shoot on goal. Have passing go from “A” to “B” to “C” to “D” and then back “D” to “C” to “B” to “A”. If you have two team have then intersect (an X). You want crazy, at the older levels, we have two balls going in a line. Sometimes in opposite directions. (The players in the middle hate this drill.)